



## PROVIDE CPR - EXPRESS

The Provide Cardiopulmonary Resuscitation (CPR) course will provide students will skills and knowledge in responding to an emergency situation and performing cardiopulmonary resuscitation in line with Australian Resuscitation Council (ARC) Guidelines.



**Course Code:** HLTAID001

**Course Currency Status:** Current

**Prerequisite:** Upon enrolment, Students must provide a copy of their current in date Statement of Attainment for HLTAID001 Provide cardiopulmonary resuscitation

**Mode of Delivery:** Blended Learning

**Duration:** Up to 2.5 hours of pre-course reading and E-learning Assessment, plus 2 hours face to face training in a classroom environment

### Course Content:

The course will provide students with skills and knowledge in the following areas:

- Recognise an emergency situation
- Identify, assess and minimise immediate hazards to health and safety of self and other
- Assess the casualty and recognise the need for CPR
- Seek assistance from emergency response service
- Perform cardiopulmonary resuscitation in accordance with ARC guidelines
- Display respectful behaviour towards casualty
- Operate automated external defibrillator (AED) according to manufacturer's instructions
- Accurately convey incident details to emergency response services
- Report details of incident to workplace supervisor as appropriate
- Maintain confidentiality of records and information in line with statutory and/or organisational policies

**Course Title:** Provide cardiopulmonary resuscitation

**Assessment:** Written, practical and scenario-based assessment

**Minimum Age Requirement:** 14 Years

**Certificate Valid:** 12 Months from the date of course completion

**Certificate Issued:** Students who successfully complete all the training and assessment requirements will receive within 48 hours an electronic Statement of Attainment in HLTAID001 - Provide cardiopulmonary resuscitation.

### Who Can Attend?

This course is for those with existing first aid experience and who are confident in their skills. It is appropriate for experienced first aiders, health care professionals and those who update their skills regularly, not for beginners

### Factor to Consider:

Students attending course will be required to demonstrate their physical ability to perform at least 2 minutes of uninterrupted CPR on an adult manikin placed on the floor to meet the performance criteria for assessment.

If you are unsure whether your limitation will affect your ability to complete the course, please contact customer service on 1300 336 613 to discuss prior to booking.

### Group bookings:

Australia Wide First Aid will come to you and delivery the course of your choice in your workplace or business. We have streamlined our course delivery so that its relaxed and educational while ensuring minimum downtime for you and your group.

For further information on how we can assist, contact our friendly Corporate Services team on 1300 336 613

### Locations:

Australia Wide First Aid has 18 convenient locations in QLD, NSW, VIC and WA. For specific venue locations and pricing please refer to our website [www.australiawidefirstaid.com.au](http://www.australiawidefirstaid.com.au)